

# Does My Career Look Big in This?

A one day course, 9:30am to 4:30pm



## Related Courses

- Speaker Coaching & Presentation Skills
- Personal Gravity & Networking
- Time Management
- Your Reputation, Your Career
- Communication and Influencing Skills

If you are interested in a bespoke version of this course, or a combination of any of our other courses, please contact us to discuss your requirements.

For other courses and dates, please visit us at [www.tmcstraining.co.uk](http://www.tmcstraining.co.uk)



Advanced Infrastructure Solutions  
Networking Infrastructure Solutions  
Information Worker Solutions  
Learning Solutions

## Introduction

In business there is an expectation that you 'look the part.' Those all important first impressions really count. Feeling confident and polished in your appearance allows you to concentrate on the business in hand.

Get yourself noticed! Get that promotion! Clinch that deal!

## Who Should Attend?

- College or graduate entrants who are concerned about dress code expectations.
- New or existing employees who would benefit professionally from increased confidence and self esteem.
- All employees of an employer wishing to raise their image or profile in the market place.
- Those who would like 'Raise the Bar' appearance-wise.

## Benefits

This workshop will help participants:

- Look and feel confident in the workplace;
- 'Walk the Talk';
- Stand out against the competition;
- Discover your best suit colours;
- Your best shirt or blouse colours - and those to avoid!
- Your best shoe colours;
- Your best accessory colours - briefcase, watch, pen, cufflinks, jewellery etc.

## Course Content

Participants will examine the following topics:

- First impressions count;
- Individual colour analysis;
- The difference that colour can make to your appearance;
- The stress-free business wardrobe;
- The polished professional.